Health Authority – Abu Dhabi			
Document Title:	HAAD standard for Thiqa List of Preventive Interventions		
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1. Purpose

1.1. The purpose of this Standard is to provide the UAE Nationals living in the Emirate with free access to healthcare interventions and services proven to be effective in the prevention and/or early detection of high burden diseases or conditions in healthy and asymptomatic population groups, respectively.

1.2. It does this by:

1.2.1. Establishing the preventive interventions to be provided; and

1.2.2. Providing for payment for services in support of the approved preventive interventions under the Thiqa Programme.

1.3. The list of preventive services provided under this Standard complement HAAD strategies in support of improving public health outcomes in the emirate of Abu Dhabi.

2. Scope

2.1. This standard applies to all HAAD Licensed Healthcare providers and payers wishing to provide services in support of the Thiqa Preventive interventions, consistent with DAMAN network arrangements.

2.2. It defines Thiqa card holders as the population eligible for preventive interventions, including adults and children.

2.3. Investigations and/or diagnostic services that may be indicated as required by the results of any of the preventive services provided at Appendix 1:

2.3.1. must be claimed as outpatient services covered under the Thiqa schedule of benefits (i.e. are not preventive);

2.3.2. must be determined by the treating medical professional.

3. Enforcement and Sanctions

3.1. Healthcare providers and payers must comply with the terms of this Standard, the HAAD Standard Contract and HAAD Data Standards and Procedures. HAAD may impose sanctions in relation to any breach of duties under this standard in accordance with Chapter IX, HAAD *Policy on Investigations Regulatory and Sanctions*, The Healthcare Regulator Policy Manual.

3.2. The standard will continue to be reviewed at regular intervals by HAAD to ensure that interventions maintain alignment with changing patterns of disease in the Abu Dhabi population and to reflect evidence based and cost-effective interventions.

3.3. Future revisions and updates to the Thiqa List of Preventive Interventions will be the responsibility of the HAAD Health Benefits Advisory Panel.

3.4. Where benefits are added or removed by the Panel, or a new HAAD Standard on preventive interventions is issued, this List will be updated by HAAD to reflect revisions (including additions/removals of benefits). Providers and Payers must ensure that they refer to the respective HAAD Standards for specifications on the preventive interventions.

4. Standard 1: Thiqa List of Preventive Interventions

4.1. The approved list of preventive interventions and frequencies and respective HAAD Standards for each are provided at **Appendix 1**.

DRAFT

HAAD Approved Preventive Services in Thiqa Insurance Product-V1.2

* The Thiqa preventive list is part of HAAD's efforts to maximize public health in the Emirate of Abu Dhabi.

*The purpose of this initiate is to provide the UAE Nationals living in the Emirate with free access to the public health interventions/services that were proven to be effective in the prevention and/or early detection of high burden diseases/conditions in the respectively.
*Further investigations or diagnostic services required as a result of any of the preventive services listed below :
1. Should be claimed as outpatient services covered under the Thiqa schedule of benefits (i.e. are not preventive)
2. Should be determined by the treating medical provider.

Item	Description	Time/ Frequency/other specification
Women preparing for pregnancy		
Preconception screening		**As per HAAD Standard for Routine Antenatal Screening and Care, at the preconception visit**
	Medical and family history and physical examination as detailed in the HAAD Standard for Routine Antenatal Screening and Care	
Counseling Education & Intervention		**As per HAAD Standard for Routine Antenatal Screening and Care, at the preconception visit**
	Preterm labor education, prevention and intervention services as detailed the HAAD Standard for Routine Antenatal Screening and Care	

Immunization and chemoprophylaxis	**As per the treating doctor's advice during the preconception visit**
vaccines and prophylaxis treatments as detailed in the HAAD Standard for Routine Antenatal Screening and Care	

Pregnant women	
Antenatal services	**As per the HAAD Standard for Routine Antenatal Screening and Care**

Newborns	
o Physical examination At birth	**As per HAAD Standard for Newborn Baby Screening;** **Within 24 hours of birth and before discharge from nursery**
Physical examination comprises of all of the items detailed in the HAAD Standard for Newborn Baby Screening	
o Screening for critical congenital heart diseases as per the HAAD Standard for Newborn Baby Screening	**After 24 hours of birth and before discharge from nursery**
o Comprehensive blood testing on a "heel prick" sample to screen for all of the conditions specified in the HAAD Standard for Newborn Baby Screening	**Once at 0-4 months of age as per the HAAD Standard for Newborn Baby Screening. If not possible at this age it is permitted to be done once at any time during the first year of life**

o Hearing Screening	**Once at 0-4 months of age as per HAAD standard, if not possible at this age it is permitted to be done once at any time during the first year of life**
Infants, Children and Adolescents	
o Vaccinations in accordance with the infant, childhood, and adolescent immunization programs approved by HAAD	**As per the immunization schedule approved by HAAD for infants, children and adolescents**
o Wellness check-up visit [examination and parent education] including all elements specified in the HAAD Standard for Well Child Visits and the HAAD Standard for School Health Screening ; Screening tests (hearing, scoliosis, vision, urine, CBC, lead, etc.) as per the specifications of the HAAD Standard for Well Child Visits and the HAAD Standard for School Health Screening, as applicable.	**For Infants (< 2 years of age): At the time a vaccination is due. For Children and adolescents (2-18 years of age): Annually.**
o Dental Preventive Services	**Once every 6 months**
1. Regular check-up including: a. A diagnostic oral exam, limited, for new or established patient. b. Removal of tater (Polishing or scaling) c. Oral Hygiene Instructions.	

2. Fluoride varnish application		**As per the HAAD Standard for School Health Screening**
3. Tooth sealant, "Sealant pit and fissure first tooth" and/or "Sealant Pit and Fissure, each additional tooth same quadrant".		**If indicated by the dentist during the check-up visit**
o Contact Screening for communicable diseases		**If clinically indicated**
1. TB	Tuberculin test	
2. All notifiable infectious diseases	Appropriate Screening test for each notifiable disease	
o Screening for Dislipidemia		**If clinically indicated**
Lipid panel: 1. Fasting Serum Cholesterol 2. Fasting Lipoprotein (HDL, LDL) 2. Fasting serum Triglycerides.		
Adults (> 18 years of age)		
o Adult vaccinations as per the adult immunization programs approved by HAAD		**According to the adult immunization schedule approved by HAAD**
o Traveler's medical check-up and vaccination		**Prior to travelling abroad and in accordance with the Travel advice and vaccines recommended by HAAD**

o Contact Screening for communicable diseases		**If clinically indicated**
1. TB	Tuberculin test	
2. All notifiable infectious diseases	Appropriate Screening test for each notifiable disease	
Adults (> 18 years of age)		
o Screening for risk factors of Cardiovascular diseases including personal history and family history, physical examination, and specified blood tests as per the HAAD Standard for Weqaya Screening for Cardiovascular Risk Factors		**Each screening test to be conducted not more than twice a year unless specified otherwise in the HAAD Weqaya Screening for Cardiovascular Risk Factors**
o Breast cancer screening including all elements specified in the HAAD Standard for the Screening and Diagnosis of Breast Cancer		**As per HAAD Standard for the Screening and Diagnosis of Breast Cancer**
o Cervical cancer screening including all elements specified the HAAD Standard for the Cervical Cancer Screening		**As per the HAAD Standard for the Cervical Cancer Screening**
o In addition to cervical cancer screening, offer Human papilloma virus (HPV) vaccination for females 18-26 y		**Three doses- once per life**
o Colorectal cancer screening including all elements specified in the HAAD Standard for Colo-Rectal Cancer Screening		**the HAAD Standard for Colo-Rectal Cancer Screening**
o Prostate cancer screening		**Once annually**
Men between 50 and 75y	Prostate specific antigen (PSA) combined with Digital Rectal Examination	

o Screening for Osteoporosis:		**Once every 5 years**
Women and men > 50y	Bone Density Scan (DEXA scan)	
Younger women and men who are at high risk of bone fractures		
Adults (> 18 years of age)		
o Comprehensive Premarital Screening for Couples including all elements such as medical history, physical examination, screening for infectious diseases, confirmatory tests, vaccination, haematology and genetic testing and counseling as specified in the HAAD Standard for Premarital Screening in the Emirate of Abu Dhabi		**As per the HAAD Standard for Premarital Screening in the Emirate of Abu Dhabi; Before Marriage**
o Dental Preventive Services including:		**Once every 6 months**
1. A diagnostic oral exam, limited, for new or established patient. 2. Removal of tarter (Polishing or scaling) 3. Oral Hygiene Instructions.		
4. Tooth sealant, "Sealant pit and fissure first tooth" and/or "Sealant Pit and Fissure, each additional tooth same quadrant".		If indicated by the dentist during the check-up visit
o Optical Preventive Services by an optometrist or ophthalmologist including:		**Once every year**

1. General eye exam 2. Visual acuity test 3. Fundus examination if clinically indicated	
o Smoking cessation counseling and treatment	**As per the HAAD Standard for Smoking Cessation**
Smoking and tobacco use cessation counseling and treatment.	